

Dr Theo Bargiotas

Dr Bargiotas is a consultant in Adult Psychiatry and Psychiatry of substance misuse for Oxfordhealth NHS foundation trust in Oxford, and on the GMC specialist register since 2012. He also practices privately in UK and in Thessaloniki.

He studied medicine in Thessaloniki and trained as a psychiatrist at the Royal Free Hospital in London, and at the Warneford, Hospital in Oxford, where he continued working as a consultant, for the past 11 years.

He holds a MSc from University College London, on Methodology of Psychiatric Research, and he has contributed to many clinical clinical trials, scientific papers and books.

He is an approved trainee with the GMC for more than 10 years, and has taught medical students at Oxford University, and trainees and allied medical professionals of all grades. He has been the College Tutor for Oxford Health NHS Trust from 2017 to 2021 for Core Psychiatry training.

Dr Bargiotas has worked as consultant and a clinical lead in many clinical posts and multidisciplinary teams over the years such as adult mental health teams in the community, outpatient services for patients with treatment resistant depression, adult ADHD and dual diagnosis. He has led crisis teams and acute Day hospital services for people with acute stress reactions and mental health crises in Bucks for five years and he has served as Dual Diagnosis lead for development of new clinical pathways in Oxford Health NHS Trust.

His special interests include Treatment resistant Depression, substance misuse and Dual Diagnosis, Acute mental health Care in the community and Adult ADHD.