Adding insult to injury – the litigation journey for birth injured clients

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Understanding law, understanding you

# What I'm going to talk about

- My talk is titled "Adding insult to injury the litigation journey for birth injured clients" and I'm going to cover 5 topics:
- **1.** The destination: where we're trying to get to
- 2. The route: how we're going to get there
- **3. The injury**: how that insult causes further injury
- **4. The insult**: why that journey is an insult
- 5. A possible solution: what we as navigators and guides can do to help

### The Guardians 1986 - Points of view Advert



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### The destination

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# What's the destination?

- Just one: money.
- Blunt tool.
- Aim of compensation?
- Is it suitable?
- Other aims?
- Spin offs

### The route

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#### The route to compensation - the legal tests we have to satisfy

- Limitation: the claim must be brought in time,
- Liability (aka negligence or breach of duty) : the standard of medical care received must have fallen below an acceptable standard (i.e. below adequate on the spectrum) and,
- Causation: that substandard medical care must have caused or contributed to a specific and identifiable injury, and
- Quantum: the injuries sustained as a result of the negligence have some financial value.

# **The route : limitation**

- The headlines:
  - 3 years from the date of the negligence: or
  - 3 years from the date you knew or ought to have known about the negligence: or
  - 3 years from your 18<sup>th</sup> birthday: or
  - Unlimited time if you lack capacity

# The route: liability

- The headlines:
  - "liability" or "negligence" is treatment (or lack of treatment) which was below the standard that the patient could reasonably expected to receive;
  - from a reasonably competent clinician in the same field: and
  - there is no responsible body of doctors or clinicians in the same field (however small) who would support it.

### The route : causation

- The headlines:
  - What damage has been caused by the negligence as opposed to the underlying condition or the consequences of non-negligent treatment?
  - Can we prove the link between the negligence act and the damage?

### The route : quantum

- The headlines:
  - What financial value can we attach to the damage that has been caused by the negligence?
- Two parts to the award:
  - General damages: designed to compensate the claimant for the pain, suffering and loss
    of quality of life they've injured as a result of the symptoms caused by the negligence.
    Based on precedent.

### The route : quantum

• Special damages: money spent and money lost as a result of the symptoms caused by the negligence. E.g. cost of care cost of medical treatment, travel expenses to and from the hospital, prescription charges, loss of earnings etc.



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# The injury

- The index event
- The fear
- The guilt
- The admission
- The grief
- The anxiety and worry

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- The legal system.
- How to access it?
- Where to access it?

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• Trust issues

- Intrusion of privacy
- Repetition
- Examinations and assessments
- Negativity
- Triggering of more guilt
- Time commitment involved
- Emotional toll
- Stuck in the past

- Are they calling me a liar?
- Possibility of failure
- Possibility of trial
- Possible outcomes of trial

# A possible solution

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### Lawyers as a solution

- Treat each parent and child as a person rather than "a client" or a patient" and looking at what we do through their lens.
- Total honesty about the route ahead
- Explain the process, and the impact of the process
- Listen
- Talk about and acknowledge the emotional impact
- Be a human understand and empathise

### Lawyers as a solution (continued)

- Offer support and assistance outside the legal process
  - Put them in touch with specialists who can help them manage their feelings or conditions
  - Put them in touch with relevant organisations or charities
  - Put them in touch with other people who have been through the same life events and the same sort of litigation

### Lawyers as a solution (continued)

• Focus not on the client as the subject matter of a claim, but as a whole, complex human being, living a whole and complex life.

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