




LETTING GO OF THE GOOD GIRL PERSONA

How Women in Law Can Lead Without Self-Erasure

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Who taught you
that being loved
meant being good?

Raise your hand if...



You overprepared



You apologized
before speaking



You worried about
sounding "too aggressive"



You said yes when you
wanted to say no

Be ambitious.
But not
intimidating.

THE GOOD GIRL PERSONA IS BUILT ON:




APPROVAL



PERFECTION



PERFORMANCE



I was **never**
the
Good Girl.

A woman with dark hair tied back, wearing glasses and a dark blazer, is seated at a desk in a library. She is focused on writing in an open notebook with a pen. Her left hand rests on a laptop. The background shows rows of bookshelves filled with books, creating a professional and studious atmosphere. The lighting is soft and focused on her workspace.

PERFORM

PROVE

REPEAT



Burnout




Anxiety




Self-Erasure



Assertive.
Or
aggressive?

A woman with long, wavy hair is sitting on a rocky mountain peak, looking out over a vast valley at sunset. The sun is low on the horizon, casting a warm, golden glow over the landscape. The woman is wearing a dark jacket and pants. The overall mood is contemplative and serene.

What do I
actually want?

A woman with dark hair tied back is sitting at a desk in a dimly lit room. She is wearing a light-colored sweater and is focused on writing in a notebook with a pen. A desk lamp with a white shade is turned on, casting a warm glow on her and the desk. In the background, there is a potted plant and a window with blinds. The overall atmosphere is quiet and studious.

Where am I still
performing?

Boundaries are
self-respect.

A group of five diverse women in professional business attire are seated around a dark table in a modern office setting with large windows in the background. They are all smiling and engaged in conversation. The woman on the far left is wearing a light-colored blazer, while the others are in darker blazers over white shirts. The lighting is warm and focused on the group.

The future needs
authentic leaders.



**Authentic leadership
needs courage,
honesty and authenticity.**



Thank you.

Lead boldly. Stay authentic.

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Thank you.

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Q & A

-  Trust yourself.
-  Take up space.
-  Lead without self-erasure.